

THE BYSTANDER BULLETIN

Issue 17: Spring 2024

**GREEN
DOT**
greater grand forks

POWERED BY
Gate City Bank
For a Better Way of Life.®

SPRING SEASON

We have a number of things to be excited about this spring, including our upcoming community-wide bystander training on May 23.

In addition to the bystander training, Green Dot is looking forward to hosting a number of overviews with local organizations this spring, sharing the green dot strategy with as many as we can.

For more information on upcoming events as well as updates on events we held last quarter like our Green Dot @ the Ralph event, follow along down below!

**Get Informed:
Power-Based
Personal Violence**

[CVIC](#)

[National Sexual
Violence Resource
Center](#)

[National Resource
Center on Domestic
Violence](#)

[National Domestic
Violence Hotline](#)

[Centers for Disease
Control and
Prevention](#)

**What's your
Green Dot?**

Click here to submit a proactive Green Dot!

COMMUNITY-WIDE BYSTANDER TRAINING

Green Dot GGF will be hosting a FREE 3-hour bystander training to provide an in-depth strategy on how to be the most effective bystander you can be.

Through activities and discussions, you will learn about the different types of green dots, overcoming your barriers, and what each individual person can do to affect change in our community.

May 23, 2024

5-8pm

Scheels Training Room

**Click here to
register!**

Join Us!

The Stakeholder Group is a group of community members committed to actively spreading green dots in the community and participating in events and activities that contribute to the goal of ending power-based personal violence in Greater Grand Forks.

visit www.greendotggf.com/core-team
for more information!

GREEN DOT @ THE RALPH

Green Dot was able to hold an event in the Ralph Engelstad Arena on January 27.

We had tables throughout the concourse handing out glowsticks, Green Dot info, and entering attendees in a giveaway for a Scheels Gift Card provided by Gate City Bank. We also showcased a new Green Dot video on the jumbotron before the game started.

This event saw more than 1400 glowsticks passed out to attendees, 433 gift card entries, and almost 11,000 viewers for our Green Dot video.



**PROJECT
PARTNERS**



A GREEN DOT BOOSTER

GREEN DOT FLYER

Check out our flyer for a reminder to do green dots! Print out this flyer and hang it up in a common space to do a proactive green dot!

What is Green Dot?

Green Dot is a bystander intervention program dedicated to reducing violence and harm in our community through overviews, trainings, and events.

GREEN DOT
greater good levels.

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A Reactive Green Dot is...

Any behavior, choice, word, or attitude that disrupts and prevents a situation of domestic violence, sexual assault, stalking, or child abuse.

The tools to use for Reactive Green Dots are the 3Ds:

Direct	Delegate	Distract
Do something and step in yourself.	Ask someone else to get involved.	Do something random to defuse the situation.

A Proactive Green Dot is...

Any behavior, choice, word, or attitude that promotes safety for everyone and communicates intolerance for domestic violence, sexual assault, stalking, and child abuse.

greendotggf.com [eGreenDotGGF](https://www.instagram.com/greendotggf)

full size, printable version on the next page

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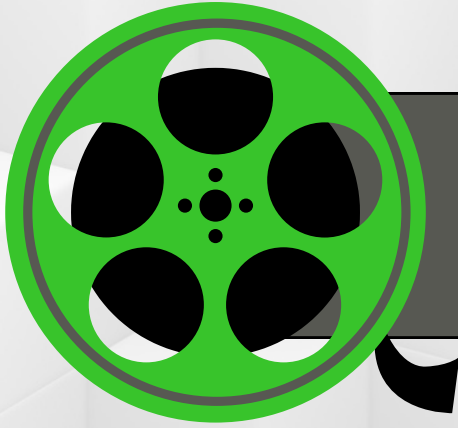
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Check out our Green Dot Promotional Video for a reminder of what Green Dot is all about!

<https://www.greendotggf.com/what-we-do>

THE DOT DOCKET

Sexual Assault Awareness Month

April

Overviews with All Embracing Home Care

April
15,17

Job Services Overview

May
17

Community-Wide Bystander Training

May
23



Interested in scheduling a training?

Email Caleb at calebe@cviconline.org
for more information!

FOLLOW US @GREENDOTGGF

