

THE BYSTANDER BULLETIN

Issue 24: Winter 2026



MAKE 2026 THE YEAR OF BYSTANDER INTERVENTION

Green Dot GGF is starting the year strong, following the completion of our 12 Days of Green Dot giveaway series! Our New Year's Resolution is to grow and connect with much more of our community and find new and innovative ways to share the Green Dot bystander intervention strategy.

We are eager to continue offering trainings, events, and learning opportunities while working alongside our community to create safer spaces across the Greater Grand Forks area.

Follow along for highlights from recent events, awareness initiatives, and upcoming events this winter.

Get Informed:
Power-Based
Personal Violence

CVIC

National Sexual
Violence Resource
Center

National Resource
Center on Domestic
Violence

National Domestic
Violence Hotline

Centers for Disease
Control and
Prevention

**What's your
Green Dot?**

[Click here to submit a proactive Green Dot!](#) ▶

The CVIC 24/7 crisis line to support anyone impacted by violence. (701) 746-8900

Stalking Awareness Month - January



January is Stalking Awareness Month, a time to raise awareness about a form of violence that is often misunderstood and overlooked. Stalking can include repeated unwanted contact, monitoring, or harassment that causes fear or distress, and it is more common than many realize. Small, proactive actions like checking in with someone, interrupting concerning behavior, or connecting someone to support can make a meaningful difference. Together, we can help create safer, more connected communities.

Teen Dating Violence Awareness Month - February



February is Teen Dating Violence Awareness Month, a time to highlight the importance of healthy, respectful relationships.

Dating violence can take many forms, including emotional, physical, and digital abuse. We encourage everyone to notice concerning behaviors and take small, safe actions to support teens and help prevent harm before it escalates.

Future Bystander Training Inquiries

Green Dot GGF can bring a Bystander Intervention Training or a shorter Green Dot Overview directly to your organization or business.

If your organization would be interested in a training like this, click the button on the top right of this box to fill out our interest form!

**CLICK HERE
TO FILL OUT OUR
INTEREST FORM!**

12 DAYS OF GREEN DOT



Our 12 Days of Green Dot giveaway series returned in December as an engaging way to spread awareness while celebrating our community on Instagram and Facebook. Each day highlighted Green Dot values, local partnerships, and practical bystander actions, encouraging followers to reflect, engage, and share how they can help create safer communities.

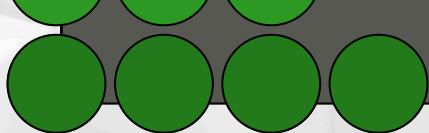
This past December was our most successful giveaway series yet, with a record 1,400 entries over the course of the month. This participation reflects the strong support for bystander intervention in our community and the growing reach of our program. We're grateful to everyone who engaged, shared, and took part. Your involvement helps turn small actions into meaningful impact!

UPCOMING:

GREEN DOT @ THE RALPH

On February 21st, we will once again be working with Gate City Bank to have Green Dot at the Ralph Engelstad Arena for one of their UND hockey games.

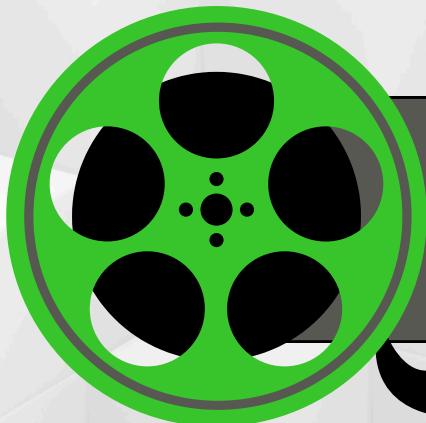
Follow our social media @greendotggf for updates!



**PROJECT
PARTNERS**



Gate City Bank
For a Better Way of Life.®



Check out our Green Dot Promotional Video for a reminder of what Green Dot is all about!

<https://www.greendotggf.com/what-we-do>

THE DOT DOCKET

Green Dot Lunch & Learn with GGFYP

Jan.
28

Stalking Awareness Month

Jan.

Donuts 4 Green Dot on Social Media

Feb.

Teen Dating Violence Awareness Month

Feb.

Green Dot @ the Ralph

Feb.
21

Interested in scheduling a 1-hour overview?

Email Caleb at calebe@cviconline.org
for more information!



FOLLOW US @GREENDOTGGF

