The Bystander Bulletin

Issue 10: Summer 2022

GET INFORMED: POWER-BASED PERSONAL VIOLENCE

<u>CVIC</u>

<u>National Sexual</u> <u>Violence Resource</u> <u>Center</u>

<u>National Resource</u> <u>Center on Domestic</u> <u>Violence</u>

National Domestic Violence Hotline

<u>Centers for Disease</u> <u>Control and</u> <u>Prevention</u>

WHAT'S YOUR GREEN DOT?

Share your proactive green dots with Matt, matthewt@cviconline.org, and have a chance to be featured in the next newsletter!

Good Times & Tan Lines

Summer is here!!! Sunshine, fresh air,
blooming flowers, ice-cream and lemonade; it's that time of the year we've all been waiting for.
Green Dot GGF is bringing you the Green Dot Trot this September, now presented by
SCHEELS, to reconnect and have fun together.
Follow us on Facebook and Instagram for more information, and sign up for the trot!!!



Is safety of your family members, friends and neighbors a concern to you? Now you can join the Green Dot CORE Team, a group of dedicated community members committed to ending power-based personal violence in Greater Grand Forks and develop a safer community for everyone.

Please visit the following link, <u>www.greendotggf.com/core-team</u>

Green Dot CORE-ner

Two of our certified Green Dot instructors, Prevention & Education Specialist Matthew Ternus and RN Case Manager Korrine Olson, completed a sixty minute Green Dot Overview Talk with the Red River Pilots on June 21, 2022 at Kraft Field Arena in Grand Forks. We had the opportunity to have the former coach Matty Holem and the mascot attend the session along with the players.





Ternus and Olson will be conducting a sixty minute Green Dot Overview Talk with the Ralph Engelstad Arena on 27 of July, 2022 at 8:30am.

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GreenDotGGF

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THE DOTS

DONUTS 4 GREEN DOTS

The giveaway series began on May 30 and each giveaway was launched on Mondays; May 30, June 6, June 13, June 20.

The winners were selected on Thursdays of each week and they received a dozen green frosted donuts on Fridays and another dozen was delivered to a local organization of their choice.

Green Dot GGF would like to thank the four volunteers for picking up and delivering donuts throughout the month.





Look forward to all our giveaways on Green Dot GGF's <u>Facebook</u> and <u>Instagram</u> pages.









Green Dot Trot Presented By SCHEELS

Join our annual Green Dot Trot on September 10 at 7:00pm. The Trot route starts near the entrance to the Greenway, off 2nd Avenue North and will run up to the Riverside Park, and back to the start.

Register by the 10th of August to guarantee your Trot t-shirt & a drawstring bag.





The sign up link to the Trot can be found on our Facebook page, Green Dot Greater Grand Forks and on our Instagram account, greendotggf.

GREEN DOT TROT 2022 IN-PERSON/HYBRID OPTIONS

Click here to sign up

or Scan the QR code









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Green Dot Light

Introducing our new Green Dot GGF Co-Coordinator, Gopika Kalugampitiya Loiland, who works alongside Matthew Ternus in the planning & organizing of Green Dot events and trainings.

She is an alumna of University of North Dakota and a licensed early childhood special educator. She is currently an NFI (New American, Foreign born, Immigrant) advisory committee member to the City of Grand Forks, and also holds the position of Director of Operations in the North Dakota African Arts Arena.



The Dot Docket

July 19th-23rd Green Dot Certification Training

July 27th Ralph Engelstad Arena Overview Talk

July 27th Prevention Partners Gathering

August 17th Green Dot Training in Valley City

September 10th Green Dot Trot Presented By SCHEELS Interested in a Green Dot 60 or 90 Minute Overview? Email Gopika at gopikal@cviconline.org for more information.



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