

# THE BYSTANDER BULLETIN

Issue 25: Spring 2026

**GREEN  
DOT**  
greater grand forks

POWERED BY  
**Gate City Bank**  
For a Better Way of Life.®

## MAKE GRAND FORKS SAFER THIS SPRING!

Green Dot GGF is preparing for spring, following the completion of our Green Dot @ the Ralph event in February! This issue shares updates on that event, as well as information on Sexual Assault Awareness Month and an upcoming public Green Dot Overview.

We are eager to continue offering trainings, events, and learning opportunities while working alongside our community to create safer spaces across the Greater Grand Forks area.

Follow along for highlights from recent events, awareness initiatives, and upcoming events this spring.

### Get Informed: Power-Based Personal Violence

[CVIC](#)

[National Sexual  
Violence Resource  
Center](#)

[National Resource  
Center on Domestic  
Violence](#)

[National Domestic  
Violence Hotline](#)

[Centers for Disease  
Control and  
Prevention](#)

**What's your  
Green Dot?**

**Click here to submit a proactive Green Dot!**

The CVIC 24/7 crisis line to support anyone impacted by violence. (701) 746-8900

# Sexual Assault Awareness Month



April is Sexual Assault Awareness Month (SAAM) and we want to bring awareness to those affected by this issue and how our community can intervene to prevent it using the Green Dot strategy.

If you feel like someone is in an unsafe situation, you can be **DIRECT** and check in to make sure they are okay.

If you are concerned about a situation and don't feel comfortable getting involved, you can **DELEGATE** by asking a bartender or manager to intervene.

If it looks like someone is in a dangerous situation, you can **DISTRACT** by pretending to know them and leading them away from harm.

You can also do a proactive green dot by wearing denim on Denim Day, April 29<sup>th</sup> to show awareness and support for sexual assault survivors.

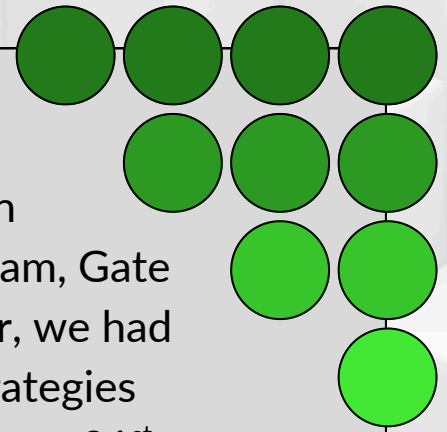
## Future Bystander Training Inquiries

Green Dot GGF can bring a Bystander Intervention Training or a shorter Green Dot Overview directly to your organization or business.

If your organization would be interested in a training like this, click the button on the top right of this box to fill out our interest form!

[CLICK HERE  
TO FILL OUT OUR  
INTEREST FORM!](#)

# GREEN DOT @ THE RALPH



The Green Dot @ The Ralph event is a collaboration between the Green Dot Greater Grand Forks program, Gate City Bank, and the Ralph Engelstad Arena. This year, we had the opportunity to share bystander intervention strategies with attendees of the UND Hockey Game on February 21<sup>st</sup> against St. Cloud State University.

Our event included 2 tables in the main concourse of the arena, where we handed out Green Dot info cards and pens to anyone that stopped by our table. Our tables also included a giveaway for a \$50 Sioux Shop Gift Card, which had over 190 entries!

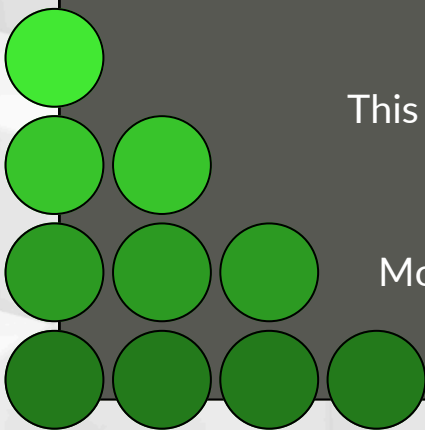


## UPCOMING:

### PUBLIC GREEN DOT OVERVIEW

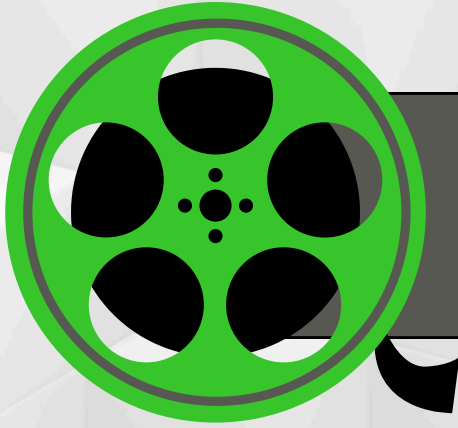
This June, we will be hosting a Green Dot Overview for anyone to come and learn more about the green dot strategy!

More information on the date and location will be coming out soon. Follow our social media @greendotggf for updates!



**PROJECT PARTNERS**





Check out our Green Dot Promotional Video for a reminder of what Green Dot is all about!

<https://www.greendotggf.com/what-we-do>

## THE DOT DOCKET

Sexual Assault Awareness Month

April

Donuts 4 Green Dot

April

Public Green Dot Overview

June

Donuts 4 Green Dot

June



**Interested in scheduling a 1-hour overview?**

Email Caleb at [calebe@cviconline.org](mailto:calebe@cviconline.org) for more information!

**FOLLOW US @GREENDOTGGF**

